

**AQUINAS & HOLY  
J.R.L.F.C**



**FAMILY COLTS**

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## **CODE OF CONDUCT**

### **INTRODUCTION**

This code is designed to

- To return the elements of enjoyment and satisfaction to Junior Rugby League.
- To make adults aware that young people play to satisfy themselves and not necessarily to satisfy adults or member of their own peer group.
- To improve the physical fitness of youth by encouraging participation in Rugby League by making it attractive, safe and enjoyable for all young people.
- To constantly remind Administrators, Coaches and Parents that Rugby League must be administered, taught and provided for the good of those young people who wish to play the game. IT IS THEIR GAME!

### **ADMINISTRATOR' CODE**

1. Ensure that equal opportunities for participation in rugby league are made available to all irrespective of ability.
2. Do not allow the game to become primarily spectator entertainment.
3. Equipment and facilities must be appropriate to the maturity level of the young players.
4. Rules and length of schedules should take into consideration the age and maturity level of the young players.
5. Remember that play is done for its own sake. Play down the importance of awards.
6. Distribute the code of ethics to spectators, coaches, players, referees, parents and teachers.
7. Ensure that parents, coaches, sponsors, doctors and participants understand their authority and their responsibility for fair play in rugby league.
8. Offer clinics to improve the standards of coaching and refereeing with emphasis on good sportsmanship and the development of good technical skills.
9. Ensure adequate supervision is maintained at all games.
10. Behave in a manner to set an example for all participants.

## MANAGERS DUTIES

1. Encourage parents to take an active interest in the Team.
2. Encourage parents and supporters to talk to opposites spectators.
3. Encourage supporters to praise good play by both the teams.
4. Discourage supporters from excessive barracking.
5. Provide administrative assistance to the Coach.
6. Be fully informed of Rugby League requirements and matters affecting your team.
7. Look after injured players.
8. Ensure that players are aware of representative trials, and if selected, they are fully aware of their commitments and that they know of their selection.
9. Phone results of game of designated person on time.
10. Check eligibility of player for your team.
11. If the referee orders off a member of the team, see that player attends the judicial committee meeting as required and accompany him to the evening.
12. Registration of all players.
13. Make sure players, parents and officials are informed of all functions, social and otherwise.
14. Attend Coaching and other meetings where Coach is unable to attend.
15. Insist on an appropriate standard of team behaviour both on and off the pitch.
16. Set an example in terms of behaviour.

## COACHES CODE

1. You have responsibility for your team and its supports. **EXERCISE IT.**
2. Be reasonable in your demands on the young players' time, energy and enthusiasm. Remember that they have other interest and demands on their time.
3. Teach your players that laws of the game are mutual agreements, which no one should evade or break.
4. Ensure that all players get a game. The "just average" players need and deserve equal time.
5. Remember that young people play for fun and enjoyment and that winning is only part of it. Never ridicule or yell at the players for making mistakes or losing a game.
6. The scheduling and length of practice times and games should take into consideration the maturity level of the players.
7. Develop team respect of the ability of opponents, as well as for the judgement of referees and opposing coaches.

8. Follow the advice of a doctor in determining when an injured player is ready to play again.
9. Remember that young people need a coach they can respect. Be generous with your praise when it is deserved and set a good example.
10. Make a personal commitment to keep yourself informed on sound coaching principles and the principles of growth and development of young people.
11. Encourage young people to develop basic skills and avoid over-specialisation in positional play during their formative years.
12. Create opportunities to teach sportsmanship, just as you would in teaching the basic skills.
13. Ensure that efforts for both skill improvement and good sportsmanship are rewarded by praise.
14. Remember that players are also students so be reasonable in your demands on their energy and enthusiasm.
15. Ensure that skill earning and free play activities have priority over highly structured competitions for very young people.
16. **INSIST ON FAIR PLAY**; do not tolerate foul play, fighting, or foul language. Be prepared to take off an offending player.
17. Discourage excessive talk on the field.
18. **INSIST** on a disciplined approach by players and mean what you say.
19. Set a good example by personal good behaviour.

## PLAYERS CODE

1. Play for the "enjoyment", not just to please your parents or coach.
2. Play by the laws of the game of rugby league.
3. Never argue with the referee's decision. Let your captain or coach ask any necessary questions.
4. Control your temper – no "mouthing off"
5. Work equally hard for yourself and your team, your team's performance will benefit and so will your own.
6. Be a good sport. Applaud all good play, whether by your team or by your opponent.
7. Treat all players, as you yourself would like to be treated. Don't interfere with, bully or take unfair advantage of any player.
8. Remember that the goals of the game are to have fun. Improve your skills and feel good. Don't be a show-off or always try to get the most points.
9. Co-operate with your coach, teammates, referee and opponents, for without them you don't have a game.

## PARENTS CODE

1. Do not force an unwilling youngster to participate in rugby league.
2. Remember, young people are involved in rugby league for their enjoyment, not yours.
3. Encourage your child always to play by the laws.
4. Teach young people that honest effort is as important as victory so that the result of each game is accepted without undue disappointment.
5. Turn defeat into victory by helping young people to work towards skill improvement and good sportsmanship. Never ridicule or yell at your child for making a mistake or losing a game.
6. Focus upon the child's efforts and performance rather than the overall outcome of the event. This assists the child in setting realistic goals related to his/her ability by reducing the emphasis on winning.
7. Remember that young people learn best by example. Applaud good play by your team and by members of the opposing team.
8. Do not publicly question the referee's judgement and never his/her honesty.
9. Support all efforts to remove verbal and physical abuse from junior rugby league.
10. Recognise the value and importance of volunteer coaches and referees. They give of their time and resources to provide recreational activities for young people.

## SPECTATOR'S CODE

1. Remember that young people play organised sports for their own fun. They are not there to entertain you and they are not miniature Kangaroos.
2. Be on your best behaviour. Don't use profane language or harass players, coaches or referees.
3. Applaud good play by your own team and the visiting team
4. Show respect for your team's opponents. Without them there would be no games.
5. Never ridicule or scold a player for making a mistake during the game.
6. Condemn the use of violence in all forms.
7. Respect the referee's decisions.
8. Encourage players to play according to the laws.
9. **SLEDGING; THIS CANNOT BE ACCEPTED** in any shape or form. Players and Referees are **NOT** fair game.
10. It is every person's duty to avoid unnecessary disturbances at grounds. Where incidents of this nature do occur, attempts must be made to settle the matter amicably. Where this is apparently unattainable, persons should be quietly requested to leave the ground. Should they refuse the Police should be called.

## IMPORTANT NOTE

Remember the Club has the power to cite Players, Coaches and/or Spectators for persistent refusal or failure to comply with this Code of Conduct.